

FIRST Swim Meeting: Session: 2: COACH evaluation sheet for TEAM: OZEKA

Coachinfo: Warming up from: 13:00 untill 14:05. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Devriese Boris

Coaches: Wielfaert Wout

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 8: 200M FREESTYLE MEN 11+				Heat:4, starttime: 14:34	
Heat: 4/28 Lane : 3 Athlete: VAN BRAECKEL SEPPE				Q-time: 99:99:99	
PB (50m pool): 02:43.05 Aalst 21/12/2024				PB (25m pool): 02:37.74 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.91	01:21.39	02:04.59	02:43.05	
	00:37.91	00:43.48	00:43.20	00:38.46	
					

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+				Heat:8, starttime: 14:50	
Heat: 8/28 Lane : 3 Athlete: HOEYMANS CEDRIC				Q-time: 02:47:92	
PB (50m pool): 02:47.92 Antwerpen 13/07/2025				PB (25m pool): 02:43.23 SB: 02:52.69 Lochristi 01/02/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.24	01:21.73	02:05.53	02:47.92	
	00:38.24	00:43.49	00:43.80	00:42.39	
					

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+				Heat:9, starttime: 14:53	
Heat: 9/28 Lane : 4 Athlete: BOONEN KAREL				Q-time: 02:39:21	
PB (50m pool): 02:39.21 Antwerpen 20/04/2025				PB (25m pool): 02:25.75 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.09	01:16.04	01:57.65	02:39.21	
	00:35.09	00:40.95	00:41.61	00:41.56	
					

Coach feedback:

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Event number: 10: 200M BREASTSTROKE WOMEN 11+					Heat:8, starttime: 16:28	
Heat: 8/18 Lane : 5 Athlete: BERTE LISE					Q-time: 03:44:66	
PB (50m pool): 03:44.66 Gent 08/02/2026						

Coach feedback: